

APRIL-MAY 2026

Expanding Access with Adult Changing Stations

RCAL continues its efforts to bring Adult Changing Stations to communities throughout Ulster County, helping ensure that individuals with significant physical disabilities and their caregivers can safely and comfortably enjoy public spaces. Adult changing stations provide accessible, height-adjustable changing tables and adequate space for assistance — something that many traditional public restrooms simply do not offer. Without them, many individuals are forced to cut outings short, remain at home, or face unsafe and undignified situations. Access to these stations means greater independence, inclusion, and participation in community life.

Leading the charge is RCAL Board Member David Daw, a tireless advocate for accessibility and inclusion. Through his Facebook series, Things My Wheelchair Saw, David shines a spotlight on barriers faced by people with disabilities throughout the community while also promoting positive change and solutions. David has been a driving force behind the push for adult changing stations and has shared his vision of seeing one installed every five to seven miles throughout the county, helping ensure reliable access for those who need them while out in the community.

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The response from the community has been incredible, but there is still more work to do. RCAL sponsor and community supporter Bussani Mobility recently stepped up with a generous donation to support the initiative. Those interested in helping expand access to adult changing stations can contribute by visiting [RCAL's Donate Page](#).



RCAL Board Member David Daw and Scooby pictured here at Bussani Mobility.

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WE ARE HIRING

Our Wonderful Sponsors!



A Letter From the Director

The weather is finally beginning to warm up, and it is time to turn our minds to fun things like BBQs and parades. Scooby and I are looking forward to the season, and RCAL will be participating in the Children's Parade, the Kingston Artists Downhill Derby, and many other wonderful events.

RCAL's BBQ will be held on June 16 at noon at Robert Post Park, and of course our Disability Awareness Parade is coming up on July 18. I would like to ask everyone for their support – not just for RCAL, but for individuals with disabilities living here in our community.

Please come out and watch the parade, and if at all possible, participate. Are you part of a fire department or social organization? Can your group join us and show the community that you support inclusivity for individuals with disabilities? Do you own a business, or know of one that would like to participate? There is no cost to join us. Last year, the Town of Esopus Library marched with us – perhaps your local library would like to join this year.

Do you juggle? Do you have a clown costume? Are you part of a dance group? Do you play in a band that could join us marching or on a float? Let's make this year bigger and more fun than ever before. Let's show our community that we are here and that we support individuals with disabilities living right alongside us. Let's show New York State that this is a community where everyone belongs. Let's make accessibility part of who we are.

Join us on July 18!

-Anthony Mignone, CEO

●●● Make a Lasting Impact, Become a Monthly Donor



At RCAL, we believe everyone deserves the freedom to live independently and fully in their community. Every day, we work alongside people with disabilities to make that vision a reality—and you can be a part of it.

By becoming a monthly donor, you provide steady, reliable support that helps us respond to needs as they arise, expand our programs, and reach more people across our community. Even a small monthly gift can make a meaningful difference over time.

Your ongoing support helps ensure that essential services, advocacy, and resources remain available to those who count on them. Scan the QR code to get started or visit rcal.org/donate.

Together, we can build a more accessible and inclusive community—one month at a time.





INDEPENDENT

APRIL-MAY 2026

Kingston Continues Major Investment in Accessibility Improvements



Accessible curb cuts in Kingston.

Construction is expected to begin in June and continue through December 2026.

Mayor Steven Noble emphasized the importance of the work, noting that these improvements will continue to enhance safety and expand access for people of all mobilities throughout the community.

The planned curb ramp installations will take place at intersections along Fair Street, Pearl Street, Main Street, Green Street, Van Buren Street, Van Deusen Street, Andrew Street, Marys Avenue, Prospect Avenue, Greenkill Avenue, Lincoln Street, Clifton Avenue, Shufeldt Street, and Spring Street.

CONT'D ON NEXT PAGE

The City of Kingston has announced a major investment in accessibility infrastructure with a \$1.5 million commitment toward the 2026 Citywide ADA Curb Ramp Project. The initiative will include the construction of 81 ADA-compliant curb ramps at intersections and crosswalks throughout the city, along with additional pedestrian safety and accessibility improvements.

The project will also include enhanced bump-outs at Main and Wall Streets, rapid flashing beacons near the Boys and Girls Club on Greenkill Avenue, and new bluestone sidewalks surrounding Academy Green Park.



Ulster County Executive Jen Metzger recently toured the streets of uptown in a motorized wheelchair, learning firsthand the difficulties that exist.

APRIL-MAY 2026

Kingston Continues Accessibility Improvements Cont'd

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RCAL applauds the City's continued commitment to accessibility and inclusion. Projects like these help create safer, more navigable communities for individuals with disabilities, older adults, families with strollers, and anyone benefiting from improved pedestrian access. Accessibility improvements are community improvements, and investments like this help move Kingston toward a more inclusive future for all residents.

A full project map and additional information can be found on the [City of Kingston website](#).



Photos provided by City of Kingston showing recently improved curb cuts.



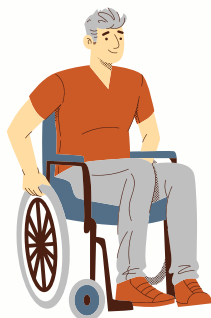
INDEPENDENT

APRIL-MAY 2026

RCAL'S DURABLE MEDICAL LOAN CLOSET



Need medical equipment? RCAL provides affordable, community-based support.



WE PROVIDE A WIDE RANGE OF DURABLE MEDICAL EQUIPMENT ON LOAN, INCLUDING:

- ✓ WHEELCHAIRS
- ✓ WALKERS
- ✓ ROLLATORS
- ✓ SHOWER SEATS
- ✓ CANES
- ✓ PORTABLE RAMPS



🕒 HOURS OF OPERATION:
MON – FRI, 10 AM – 3 PM

PLEASE CALL 845-331-0541 TO CHECK AVAILABILITY AND SCHEDULE AN APPOINTMENT.

NEW SNAP WORK RULES ARE IN EFFECT

Review the eligibility changes now

You can meet the requirements and keep your SNAP benefits if you:

- Earn at least \$943 a month, or \$217.50 per week
- Do community service or volunteer work
- Learn skills to help you get a job

otda.ny.gov/abawd

NEW YORK STATE Office of Temporary and Disability Assistance



IF YOU RECEIVE SNAP, YOU MAY BE SUBJECT TO NEW FEDERAL WORK REQUIREMENTS.

Check if you are affected and make sure you **don't lose your benefits.**

visit: otda.ny.gov/abawd

SNAP ABAWD

NEW YORK STATE Office of Temporary and Disability Assistance

APRIL-MAY 2026

Local Creator Kevin Walsh Showcases Published Comic Book

Kevin Walsh recently celebrated an exciting milestone with a special comic book display event at Moxie, a gift store and vintage shop in Poughkeepsie. Kevin is the creator and author of Mr. Boy and the Beast Platoon: Attack on Mirimachi!, a unique and imaginative comic book that highlights his creativity and storytelling talents.

The event gave community members an opportunity to meet Kevin, learn about his work, and celebrate the accomplishment of becoming a published comic book creator. Helping make the display possible was RCAL employee Robin Richardson, who works closely with Kevin and helped put the wheels in motion for the event.

RCAL is proud to celebrate both Kevin and Robin for helping showcase the unique and powerful voices within our community. Their efforts are a wonderful reminder of the importance of creativity, opportunity, and inclusion.



ABOVE: Author Kevin Walsh, an RCAL constituent, pictured above with friends at Moxie in Poughkeepsie.



AT RIGHT: Kevin proudly displays his comic Mr. Boy and the Beast Platoon: Attack on Morimachi!

APRIL-MAY 2026

State Education and ACCES-VR Leaders Tour RCAL

RCAL was truly honored to welcome Seema Rivera and the team from New York State Education Department ACCES-VR to Resource Center for Accessible Living in early May.

It was a wonderful opportunity to showcase the work we do every day to support independent living, accessibility, advocacy, and community inclusion for people with disabilities throughout the Hudson Valley. We were proud to share our programs, meet with staff and community members, and highlight the importance of person-centered services that empower individuals to live independently and fully participate in their communities.

Thank you as well to Lindsay Miller for visiting and for your continued advocacy and partnership in advancing independent living across New York State.

We appreciate the time, interest, and support shown during the visit, and we look forward to continuing these important conversations about accessibility, opportunity, and inclusion for all.



From left to right: Joe Tedesco, Anthony Mignone, Lindsay Miller, and Seema Rivera touring RCAL.

JOIN OUR TEAM

RCAL is hiring compassionate, motivated individuals to help support our community. Current openings include:

- **Part-Time Community Habilitation Support Staff** – Serve the Marlboro and Modena areas by assisting individuals with developmental disabilities in achieving goals and enhancing independence.
- **Career Coordinator** - RCAL is seeking a Career Coordinator to support individuals with disabilities as they pursue meaningful employment. This role blends coaching, advocacy, and hands-on support to help job seekers build confidence, develop skills, and secure sustainable work.
- **Pre-Vocational Counselor** - The Pre-Vocational Counselor is responsible for preparing individuals with disabilities, special needs, or other employment barriers for successful entry into the workforce. This position involves assessing client needs, developing individualized pre-employment plans, teaching job-readiness skills, and coordinating with support services to ensure comprehensive client development and success.

For full job descriptions, qualifications, and to apply, visit <https://www.rcal.org/employment-opportunities> or click the graphic below.

VOLUNTEERS NEEDED!

**CALLING ALL VOLUNTEERS!
WE NEED YOUR HELP!**



RCAL is looking for dedicated individuals to join us in our mission to make a positive impact in our community. We are seeking someone to help answer phones and emails, as well as assist members of the public in our Medical Loan Closet.

If you are interested, please email rmiraldi@rcal.org or call 845-331-0541 x12

**MHV PROUDLY
SUPPORTS
OUR COMMUNITY
PARTNER:
RCAL!**

**GUIDING
YOUR FINANCIAL
JOURNEY
across THE
HUDSON VALLEY.**



Federally Insured by NCUA



INDEPENDENT

MARCH 2026

RCAL Angel Sponsor

Ulster

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Community Contributors



*Kathy McMahon &
Jack Ruddick*





INDEPENDENT

MARCH 2026

Disability Advocates



Anthony Mignone & Matthew Coumbes

RCAL Board Members Kathy McMahon & Jack Ruddick

RCAL Board Members Sheila Kilpatrick and Jeffrey Galinson

Joanna & Peter Mignone



INDEPENDENT

MARCH 2026

Friends of RCAL

FRANCIS PFLYNN
certified public accountant

 **Timely Signs**

KINGSTON
Fine  Jewelry

WILLIAMS
Lumber & Home Centers

Support Groups at RCAL

**2nd
THU**

Amputee / Limb Loss of the Hudson Valley

This meeting is held on the **SECOND** Thursday of each month from 6 - 8:30 p.m. at RCAL. Members of the public are welcome.

**2nd
MON**

Traumatic Brain Injury

This meeting is held on the **SECOND** Monday of each month from 2-4 p.m. at RCAL. Members of the public are welcome.

**3rd
THU**

Hudson Valley Task Force of the Deaf and Hard of Hearing

This meeting is held at 10 a.m. on the **THIRD** Thursday of each month at RCAL. Members of the public are welcome.