

MARCH 2026

A Letter From the Director



Woof, Good Day Everyone. Scooby here.

Anthony is on vacation this week, so I was asked to write up a little-- woof-- something for the newsletter.

I was left home today while Anthony snuck off to a museum so, don't mention to him that I used his computer, okay?

Woof, GRRRR. It's spring, and spring does bring hope (and that rabbit is back in the bush in the front yard). We here at RCAL have a lot of to be hopeful for this year. To start with we are hopeful to see all of you and make a whole bunch of new friends. Don't forget I like my ears scratched.

Check out our events schedule. We have--woof-- lots of exciting things going on. Our Parade will be bigger and better and have many tail wagging surprises. If you want to participate give me a howl. We are getting ready to work on the loan closet and give it a makeover, if you want to help, Let us know! They won't let me participate, they say I make too much of a mess.

Sniff Sniff, I think I smell that rabbit, I have to check by the window. Hope to see you soon.

WOOF WOOF

Scooby



IN THIS ISSUE:

A Letter From the
Director

Ulster County Crisis
Center Opens

RCAL Events Schedule

Durable Medical Loan
Closet

Parade Planning is
Underway!

WE ARE HIRING

Our Wonderful
Sponsors!



New 24/7 Crisis Support Center Opens in Kingston

Ulster County has opened a new Crisis Support Center in Kingston, offering 24/7, walk-in support for anyone experiencing a mental health or substance use crisis.

Located on the first floor of the Ulster County Center for Well-Being (368 Broadway), the Center provides immediate, compassionate care in a safe and welcoming environment. Services include clinical assessments, timely intervention, peer support, and coordinated follow-up care—all designed to reduce immediate risk and help individuals move toward lasting recovery.

This new resource offers an alternative to emergency room visits, connecting people with the right support at the right time in a less restrictive, community-based setting.

“The Support Center is a beacon of hope for so many in our community, often serving as their first step along their journey to recovery and wellness,” said Steve Miccio, People USA’s Chief Executive Officer. “We have redefined compassionate and effective care for those in crisis.”



Ulster County’s Crisis Support Center in Kingston.

At a Glance

- 📍 Location: 368 Broadway, Kingston (1st Floor)
- 🕒 Hours: Open 24 hours a day, 7 days a week
- 🚶 Access: Walk-in, no appointment needed
- 🧡 Who it’s for: Youth and adults experiencing mental health or substance use crises

Inside the Center for Well-Being

This new facility brings multiple services together under one roof:

- 1st Floor: Crisis Support Center (24/7 crisis care, stabilization, and support)
- 2nd Floor: Behavioral Health Urgent Care – walk-in support, counseling, and referrals for all ages
- 3rd Floor: Children’s Way Counseling Center – mental health services for youth ages 5–21
- 4th Floor: Ulster County Department of Mental Health – coordination and community-based programs



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MARCH 2026

Spring / Summer 2026

UPCOMING EVENTS

<p>APR 15</p>	<p>4:00 PM 9:00 PM</p>	<p><i>Dine to Donate at Texas Roadhouse</i> Support RCAL by dining at the Texas Roadhouse in Kingston. A portion of proceeds benefits RCAL. Bring flyer!</p>
<p>APR 30</p>	<p>5:00 PM 7:00 PM</p>	<p><i>Duzine Paws & Play Community Day</i> An outdoor farmers market style event meant to create meaningful opportunities for community engagement. Stop by our table for info & resources.</p>
<p>JUNE 16</p>	<p>12:00 PM 2:00 PM</p>	<p><i>RCAL's Summer BBQ in the Park</i> Our annual BBQ at the lovely Robert Post Park. Come meet our staff, enjoy great food, and learn about what RCAL has to offer.</p>
<p>JUNE 20</p>	<p>10:00 AM 6:00 PM</p>	<p><i>Harambee's Juneteenth</i> Come visit our table and say hi as we help celebrate Juneteenth at Kingston Point Beach!</p>
<p>JULY 18</p>	<p>11:00 AM 2:00 PM</p>	<p><i>Disability Awareness Parade</i> RCAL's 4th annual parade celebrating independent living. This event grows each year. Come and march with us, cheer us on, and visit the resource Expo!</p>



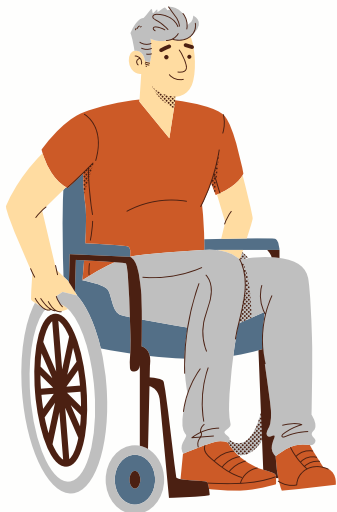
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MARCH 2026

RCAL'S DURABLE MEDICAL LOAN CLOSET



Need medical equipment? RCAL provides affordable, community-based support.



WE PROVIDE A WIDE RANGE OF DURABLE MEDICAL EQUIPMENT ON LOAN, INCLUDING:

- ✓ WHEELCHAIRS
- ✓ WALKERS
- ✓ ROLLATORS
- ✓ SHOWER SEATS
- ✓ CANES
- ✓ PORTABLE RAMPS



🕒 HOURS OF OPERATION:

MON – FRI, 10 AM – 3 PM

PLEASE CALL 845-331-0541 TO CHECK AVAILABILITY AND SCHEDULE AN APPOINTMENT.

MARCH 2026

Let's Make Some Noise: Parade Planning Has Begun

As winter drags on and we find ourselves deep in the seasonal doldrums, we're already dreaming of warmer days, brighter skies, and one of our favorite traditions of the year — RCAL's 4th Annual Disability Awareness Parade this July. There's something energizing about looking ahead to a day filled with movement, music, connection, and community pride. We can't wait to once again take to the streets of Kingston and march alongside neighbors, families, and local organizations in a joyful celebration of disability awareness, inclusion, and independence.

This year, we're hoping to bring the parade energy up a notch — and that means music! We're currently searching for a lively marching band, brass ensemble, drum line, or musical group

of talented musicians who would love to be part of this uplifting event, we'd love your help connecting with them.

If you or someone you know might be interested, please reach out to us at (845) 331-0541 ext. 12 or email rmiraldi@rcal.org. Let's turn a mid-winter daydream into a full-on summer celebration — together.



●●● Make a Lasting Impact, Become a Monthly Donor



At RCAL, we believe everyone deserves the freedom to live independently and fully in their community. Every day, we work alongside people with disabilities to make that vision a reality—and you can be a part of it.

By becoming a monthly donor, you provide steady, reliable support that helps us respond to needs as they arise, expand our programs, and reach more people across our community. Even a small monthly gift can make a meaningful difference over time.

Your ongoing support helps ensure that essential services, advocacy, and resources remain available to those who count on them.

Scan the QR code to get started. Together, we can build a more accessible and inclusive community—one month at a time.



JOIN OUR TEAM

RCAL is hiring compassionate, motivated individuals to help support our community. Current openings include:

- **Part-Time Community Habilitation Support Staff** – Serve the Marlboro and Modena areas by assisting individuals with developmental disabilities in achieving goals and enhancing independence.
- **Career Coordinator** - RCAL is seeking a Career Coordinator to support individuals with disabilities as they pursue meaningful employment. This role blends coaching, advocacy, and hands-on support to help job seekers build confidence, develop skills, and secure sustainable work.
- **Pre-Vocational Counselor** - The Pre-Vocational Counselor is responsible for preparing individuals with disabilities, special needs, or other employment barriers for successful entry into the workforce. This position involves assessing client needs, developing individualized pre-employment plans, teaching job-readiness skills, and coordinating with support services to ensure comprehensive client development and success.

For full job descriptions, qualifications, and to apply, visit <https://www.rcal.org/employment-opportunities> or click the graphic below.

VOLUNTEERS NEEDED!

**CALLING ALL VOLUNTEERS!
WE NEED YOUR HELP!**



RCAL is looking for dedicated individuals to join us in our mission to make a positive impact in our community. We are seeking someone to help answer phones and emails, as well as assist members of the public in our Medical Loan Closet.

If you are interested, please email rmiraldi@rcal.org or call 845-331-0541 x12

**MHV PROUDLY
SUPPORTS
OUR COMMUNITY
PARTNER:
RCAL!**

**GUIDING
YOUR FINANCIAL
JOURNEY
across THE
HUDSON VALLEY.**



Federally Insured by NCUA



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RCAL Angel Sponsor

Ulster

Savings



Community Contributors



*Kathy McMahon &
Jack Ruddick*





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MARCH 2026

Disability Advocates



Anthony Mignone & Matthew Coumbes

RCAL Board Members Kathy McMahon & Jack Ruddick

RCAL Board Members Sheila Kilpatrick and Jeffrey Galinson

Joanna & Peter Mignone



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MARCH 2026

Disability Advocates Continued



Friends of RCAL

Support Groups at RCAL

2nd
THU

Amputee / Limb Loss of the Hudson Valley

This meeting is held on the SECOND Thursday of each month from 6 - 8:30 p.m. at RCAL. Members of the public are welcome.

2nd
MON

Traumatic Brain Injury

This meeting is held on the SECOND Monday of each month from 2-4 p.m. at RCAL. Members of the public are welcome.

3rd
THU

Hudson Valley Task Force of the Deaf and Hard of Hearing

This meeting is held at 10 a.m. on the THIRD Thursday of each month at RCAL. Members of the public are welcome.

For more information, visit rcal.org



RCAL Board Member
Sheila Kilpatrick